

Na+ Check Guideline

(TBI patients transferring out of ICU)

Normal Sodium 135-145 mEq/L
 Mild Hyponatremia 130-134 mEq/L
 Moderate Hyponatremia 120-129 mEq/L
 Severe hyponatremia < 120 mEq/L

Consider obtaining Na+ level STAT for unexpected clinical deterioration (vomiting, irritability, persistent headache, AMS, concern for seizure)

